

2009 Mountain Idol Winner

Rosanna Crawford - Biathlete



Elite level biathlete who excels in her sport - a combination of cross country skiing and rifle marksmanship

Runs, does yoga, hikes, climbs and mountain bikes

Volunteer ambassador with Fast and Female, Rosanna helps to lead sessions for girls age 9 - 19 to encourage participation in cross country skiing

Member of the Canadian Senior National Biathlon Team

Consistently finishes in the top 15 in the IBU Cup Series

Came seventh, European Biathlon Championships 2008/09

First and second place finishes in 2008/09 Canadian Biathlon Nationals

2009 Mountain Idol Finalists

Allison Vest - Climber



She volunteers at the her local climbing gym

Enjoys fishing, hiking, mountain biking while maintaining excellent academic standing, playing saxophone in jazz band, and performing in local theatre group

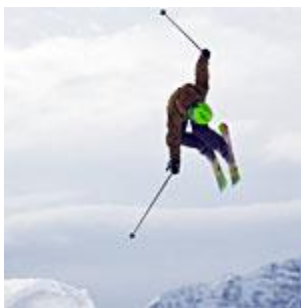
First place at the 2008 Big Sky Regional Sport Climbing Championship in Bozeman, Montana

First place at the 2008 USA Sport Climbing Divisional Championships in Salt Lake City, Utah

Second place at the 2008 US National Bouldering Championships in Boulder, Colorado

Successfully climbed the 12-pitch traditional route up the 500-metre face of Ha Ling Peak

Noah Maisonet – Freestyle Skier



Truly enjoys many outdoor pursuits, and also excels at team sports

Rocky Mountain Freeriders Skier of the Year Award in 2008 and 2009

Canadian Open Junior Competition winner at Red Mountain in Rossland and placed first in Fernie and Lake Louise

All-star volleyball player at Banff Community High School

Good academic standing

Completely humble, quiet, polite, and unassuming making him well-liked and admired by his peers

Encourages and inspires his peers to participate in outdoor activities